

Look at What Your Baby Can Do

As your child grows, make sure he or she keeps learned skills while adding new skills. If your child loses a skill or cannot do one or more skills, call Child and Family Connections at 1-217-535-3100 or 1-888-217-3505.

Check the skills your child can do.

1 month

- Raises his head slightly when lying on stomach
- Briefly watches objects
- Makes noises in throat sounds

3 Months

- Lifts her head and chest when lying on stomach
- Follows a moving person with her eyes
- Smiles when someone speaks to her

6 months

- Sits with little support
- Rolls from back to stomach
- Moves object from one hand to the other
- Turns when he hears a sound

9 months

- Sits alone
- Crawls
- Says “mama” and “dada”
- Responds to name

12 Months

- Pulls up to standing position
- Nods head “yes”
- Says 2-3 words
- Picks up an object with thumb and finger

15 months

- Walks without help
- Drinks from cup held by someone else
- Feeds self using fingers
- Says 4 or 5 words

18 Months

- Walks (maybe run a bit)
- Uses 5-10 words
- Understands simple directions
- Marks on paper with crayon

2 Years

- Kicks a large ball
- Turns pages of a book
- Asks for items by name
- Uses 2 or 3 words together (“more juice”)

2-1/2 years

- Catches a large ball
- Jumps
- Strings beads
- Matches pictures
- Enjoys and look at books

*Brought to you by Parent Help Line at HSHS St. John's Children's Hospital
to help keep kids safe, healthy and happy.*



Call the Parent Help Line. Help is just a phone call away.

1-217-544-5808 or 1-888-727-5889
10 a.m. to 10 p.m., 7 days a week
www.parenthelpline.org

Revised 2017

